

Speed River Cycling Club

Established 2004

Presents

GUELPH CROSS 2016

Saturday, October 22nd, 2016
Guelph Lake Conservation Area

SPONSORED BY:



CHUNG & VANDER DOELEN
ENGINEERING LTD.



The Speed River Cycling Club returns to the Ontario cyclocross scene with an exciting new race for 2016. We're extremely happy to have secured the Guelph Lake Conservation Area as the home of the 2016 Guelph Cross.

The Guelph Lake Conservation Area is a venue we've been looking at using for many years. The park provides for a course featuring a full mix of racing surfaces, some tricky technical sections, high speed paved sections, natural sand pit, and a forced dismount or two!

Although we have moved to a new venue, we are building on our 10+ years of experience organizing some of the best CX races in Ontario to provide an awesome racing experience for all, including an awesome course design, great prizing, fast and accurate results by Racetiming.ca

Highlights

- A challenging and exciting race course
- Convenient parking and awesome spectator potential!
- Cash prizing and merchandise (including beer!)
- Washrooms, **free coffee**, and a food truck!
- Live online lap-by-lap scoring by RaceTiming.ca
- This is a Regional race (not an O-Cup), however OCA Upgrade points **will** be awarded.
- Pre-registered riders get **free entry** to the park! All others (spectators and day-of registrants) will need to pay the [\\$6 day-use park entry fee](#) charged by the Grand River Conservation Authority. Make sure you pre-register!

Registration

- Pre-registration available online at <https://ccnbikes.com> until 11:59pm Thursday October 20/16
- Day-of registration (cash only) will be available.
- Entry fees are non-refundable
- All participants must hold a valid OCA Citizen Permit or UCI licence. **1-day permits are not available.** Riders must race in the category shown on their licence.
- Citizen Permits and UCI licences will not be sold at the event. They can be purchased online during the pre-registration period. Please contact the OCA for all licence related questions.
- Your racing age is determined as follows: (2017 - your birth year) = racing age.
- Rider sign-in will be conducted near the start/finish at the pavilion.
- Registration and rider sign-in will close 20 minutes prior to each race's start time.

Race Schedule and Categories

- The standard O-Cup race schedule and categories will be used.
- Sign-in and registration will open at 8:15am.
- All riders must sign-in no later than 20 minutes before their scheduled start time.

Category	Start Time	Duration	Podium
E4/M3 Men	9:30am	40 mins	10:35am
U13/U15/U17 Women and Men	10:30am	30 mins	11:35am
U19/E3/M2 Men	11:30am	45 mins	1:00pm
Elite/U23 (17-22) & Master Women	12:45pm	40 mins	2:05pm
M1/E1/2 Men Single Speed	1:55pm 1:55pm	60 mins 45 mins	3:15pm

Rider Call-ups

Rider staging will begin 10 minutes prior to race start time. Call-ups will begin 5 minutes prior to race start time. Only pre-registered riders will be considered for call-ups. Riders not present when called will lose their call-up position.

Entry Fees

Category	Pre-registration	Day-of
U13/U15/U17 M/W	\$25	\$40
All others	\$35	\$50

- Pre-registration fees include all online processing fees, credit card charges, and park entrance fees. All day-of entry fees MUST be paid by cash. No cheques or credit cards will be accepted.

Awards

The Top-3 finishers in each category will be recognized. Awards may consist of cash or merchandise prizes provided by our sponsors. A prize list will be displayed at registration. In addition, cash prizes will be awarded to the top overall finishers in each race as follows:

Field Size:	1 to 25 riders	26 to 39 riders	40+ riders
1st Overall	\$ 30	\$ 50	\$ 100
2nd Overall	\$ 20	\$ 30	\$ 50
3rd Overall	\$ 10	\$ 20	\$ 30
4th Overall	--	\$ 10	\$ 20
5th Overall	--	--	\$ 10

Riders failing to attend the podium ceremonies will forfeit their prizes. Competition clothing must be worn for the podium ceremonies.

Course Map



- Racers and spectators will enter via the Conservation Road gate, and then down the second right (Hall Road). Signage will notify visitors of this.
- Parking is at the NW corner of the map, highlighted in yellow, and will be easy-to-access via the Guelph Lake park entrance. Signage will guide visitors and racers to the parking.
- Registration is marked– directly across the road from the parking lot, in the pavilion, and very close to the start/finish. **First Aid will also be stationed at the start/finish.**
- The course flows in a clockwise direction (this will be marked when the map is finalized)
- There is a double-access pit at the intersection of the causeway and the mainland.
- Course is approximately 3km.

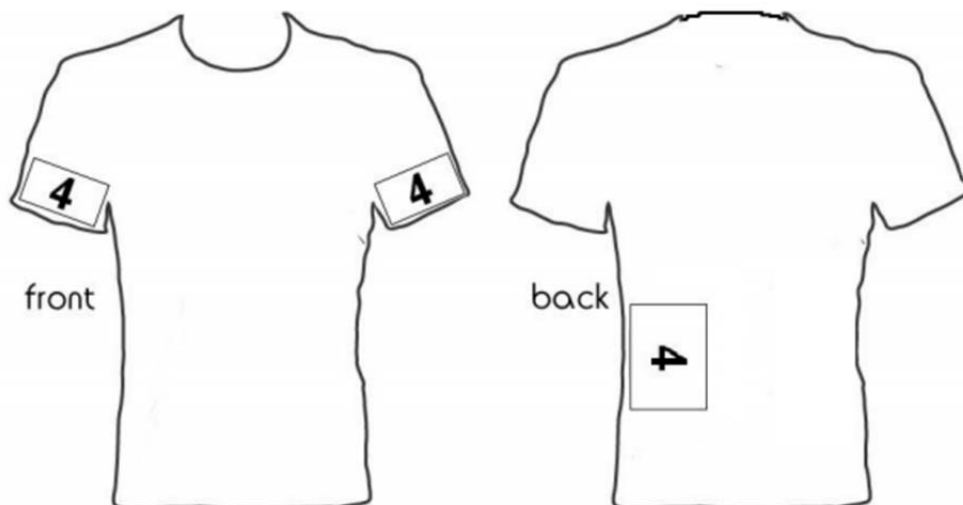
Bib Numbers

Bib numbers issued by the OCA for O-Cup CX races are to be used. Please bring your bib numbers (and pins) if you have been to an OCA race this season. A \$10 fee will be charged for replacement numbers if you do not bring your numbers with you.

If you have not been assigned a bib number this year then a number will be issued at Registration. Please keep this number and use it for other OCA races this season. Do not return your numbers at the end of the race.

If you have been upgraded to a higher level category then you will need to have a new number issued for your new category.

Bib placement is shown below. Please note that shoulder numbers should be on the side/front of the arm and clearly visible from each side. The back number should be **placed on the left side**.



Timing Chips, Scoring, and Results

RACETIMING.CA

will be providing electronic timing and **live online lap-by-lap results**. Timing chips will be supplied at registration, and are to be affixed to your fork. Second timing chips for pit bikes will be available. **All timing chips are to be returned to Registration after your event.** Failure to return your timing chip will result in a \$10 charge.

Start lists and results will be available at www.racetiming.ca. All results will be posted online after each event at www.racetiming.ca. In order to run a greener event, no paper copy of results will be posted. It is your responsibility to check the online results before podium ceremonies begin.

Event Rules

- The races will be held under the rules of the UCI/CCA with OCA modifications. Find CCA/OCA rules online at <http://www.ontariocycling.org/commissaires/commissaires-rules>
- The UCI penalty scale with CCA/OCA modifications will apply.
- All foreign riders require a UCI international licence to participate in any Ontario events. Foreign riders, except those from the US, must provide a letter of permission from their country's federation allowing them to race in Canada.
- Cyclocross bicycles conforming with UCI regulations are required in the Elite 1/2, Elite 3, Master 1, Master 2, and U19 Men categories. Mountain bikes (without bar ends) are permitted in other categories.
- All riders must sign on at registration at least 20 minutes before their start.
- Races will start promptly at the indicated start times.
- Warming up on the course is not permitted while a race is in progress.
- Helmet mounted cameras are not permitted.
- No neutral support will be provided.
- Feeding is not permitted. Water bottles are permitted on spare bicycles.
- Riders must supply their own spare wheels and bicycles. All service or equipment changes must take place in the pit area.
- A double pit is located on course for servicing equipment and changing bikes or wheels. The pit must be accessed by the designated entrances and riders may not travel backwards or cut the course to reach the entrance with the exception of a mishap occurring AFTER the pit entrance but BEFORE the pit exit (travel backwards to pit entrance in this case).
- A rider may only enter the pit for a bicycle change, wheel change, or other mechanical assistance.
- **Any rider dropping out of the race shall immediately notify a commissaire.** If you drop out of a race and do not report it to a commissaire you will be considered an Unreported DNF and will be assessed a penalty.
- Lapped riders may be pulled at the order of the commissaires, either after being overtaken or just before being overtaken.
- All riders finish on the same lap as the winner (ie. if you are lapped you will do fewer laps)
- Call-ups for pre-registered riders are determined as follows:
 - current National Champion
 - current Provincial Champion
 - latest O-Cup Series standings
 - random draw.

Venue

[Guelph Lake Conservation Area](#)

7743 Conservation Road, Guelph

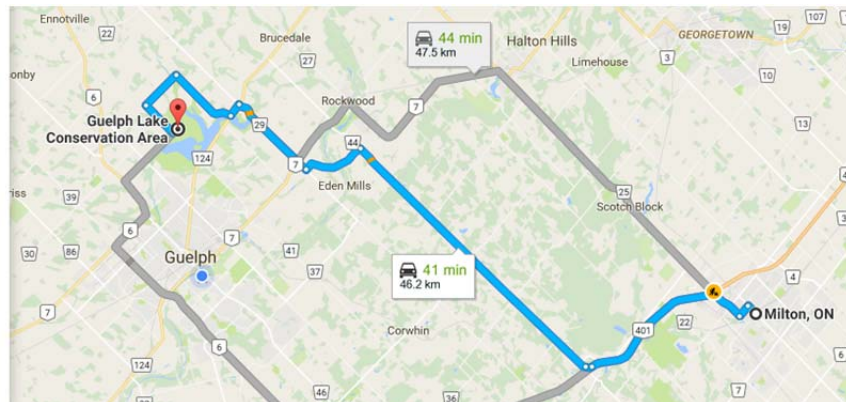
GPS Coordinates: 43°36'15.7"N, 80°15'31.6"W (43.604350, -80.258789)

Driving Directions

From the East / GTA:

Milton, ON

- > Take ON-401 W and Guelph Line to Indian Trail in Guelph/Eramosa
25 min (28.6 km)
- ↩ Turn left onto Indian Trail
4 min (3.4 km)
- > Continue on Wellington 29 to Jones Rd/Jones Baseline
6 min (5.8 km)
- > Continue on Jones Rd/Jones Baseline. Take Mill Rd to Conservation Rd
9 min (8.4 km)



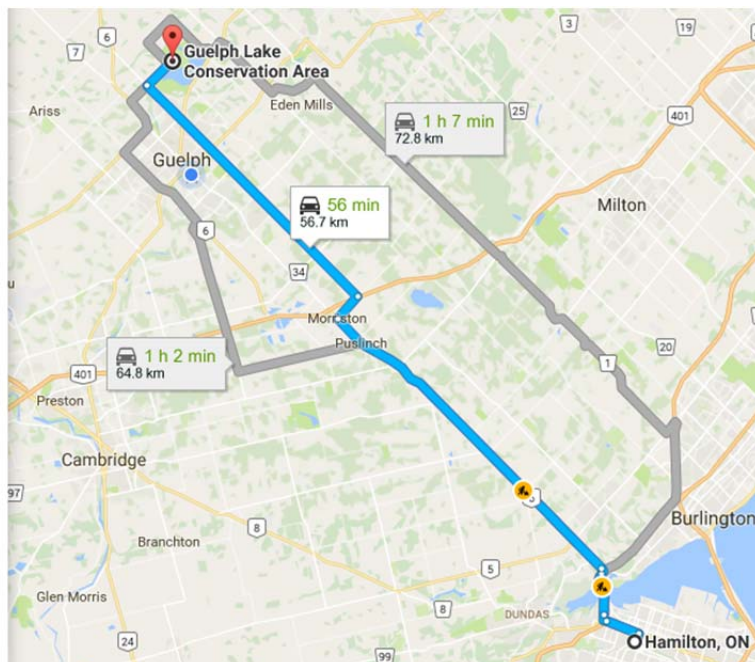
Guelph Lake Conservation Area

- Taking the 401 all the way to Highway 6 north may be less complicated for some drivers.

From the South / Hamilton / Golden Horseshoe:

Hamilton, ON

- > Follow Walnut St S to King St E/Hamilton Regional Rd 8
2 min (650 m)
- > Take ON-6 N to Badenoch St/Wellington 36/Wellington Road 36 in Puslinch
28 min (31.4 km)
- > Take Victoria Rd to Conservation Rd in Guelph/Eramosa
27 min (24.7 km)



Guelph Lake Conservation Area

7743 Conservation Road, Guelph, ON N1H 6J1

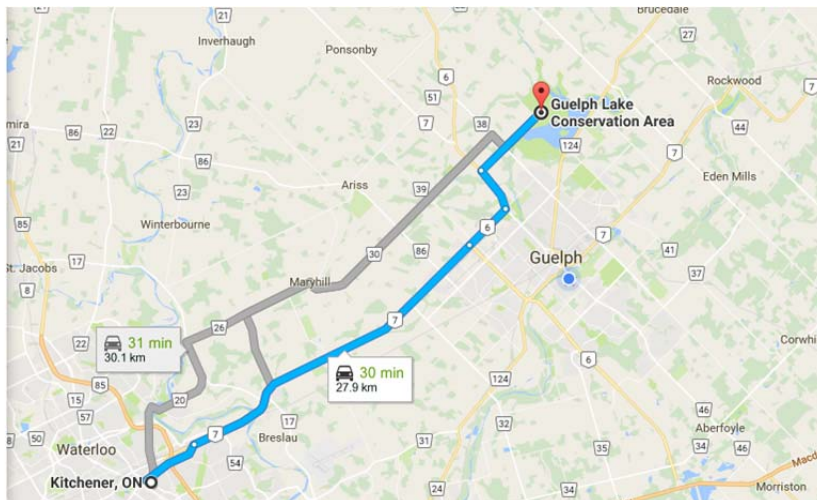
These directions are for planning purposes only. You may find that construction projects, traffic, weather, or other events may cause conditions to differ from the map results, and you should plan your route accordingly. You must obey all signs or notices regarding your route.

- From QEW: Take 403 West towards Brantford, then North up Highway 6.

From the West / K-W Region:

Kitchener, ON

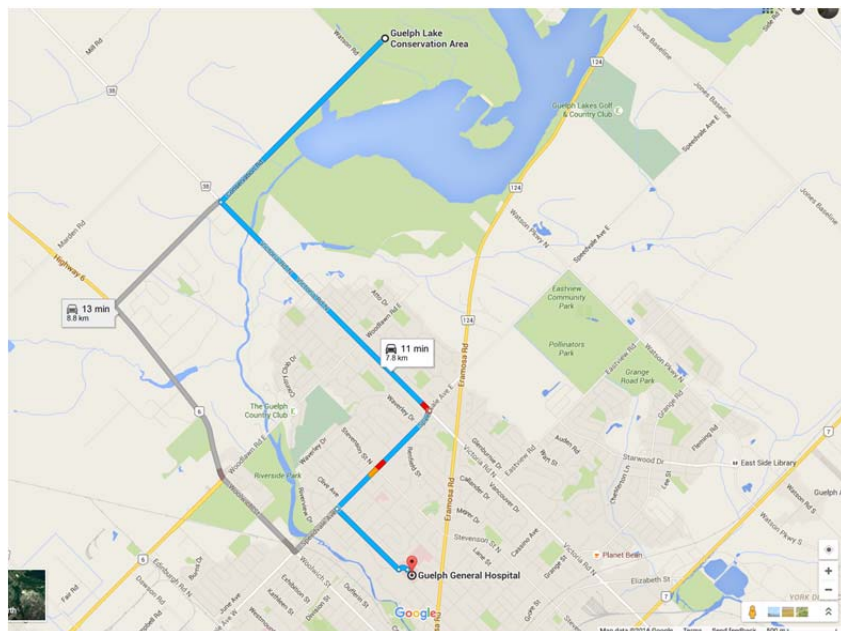
- ↑ Head northwest on Weber St E/Waterloo Regional Rd 8 toward Scott St
240 m
- ↘ Turn right onto Frederick St/Regional Rd 6
2.9 km
- ↘ Turn right onto Victoria St N/ON-7
Continue to follow ON-7
16.3 km
- ↑ Continue onto ON-6 N
2.4 km
- ↙ Turn left to stay on ON-6 N
2.2 km
- ↘ Turn right onto Conservation Rd
3.9 km



Emergency Action Plan

Two trained First Responders will be on site to administer first aid. If not responding to an emergency on course, they will be situated between the parking lot (marked on map) and the registration tent located at the start/finish and across from the designated parking. If you need to report an incident, please find an official (first responders, personnel at registration, course volunteers, etc.) and they will notify the necessary parties.

Directions to Guelph General Hospital



- Exit the venue on Conservation Rd E
- Turn left on Victoria Rd N
- Turn right on Speedvale Rd E
- Turn Left on Delhi Street
- Guelph General Hospital will be on the LEFT.